

Beef/Chicken Burgers



Ingredients

1kg Beef/Chicken mince

Pepper (pinch)

Salt (pinch)

1 tablespoon Sage fresh or dry (finally chopped)

2 tablespoon powder cheese(parmesan)

Method

Place mince chicken in mixing bowl

Salt/pepper

1 tablespoon Sage/dry or fresh)

2 tablespoon Powder cheese (parmesan)

Mix well together

Make into small ball size press to flatten

Place in grease proof oven tray

Place in middle of the oven for 10-15 min

Add to Wholemeal bun add salad