



Seekh Kebabs

Ingredients

500g chicken or beef mince

1tsp. garam masala

1 teaspoon cumin powder

3 tbsp. mild madras masala

1 onion finely chopped

Method

Add mincemeat to a medium size bowl

Add garam masala

Cumin powder

Mild madras masala

Add finely chopped coriander

Mix all well

Shape into long rolled or make flat like burger shape

Place in oven tray

Place in oven gas mark 5 for 15 minutes till golden brown

Serve on tortilla wraps with salad

All of the above ingredients can be bought on the worldwide isle from any supermarket or any Asian Store